



Teladoc Virtual Care

Knowing where to go in certain situations can help save you time and money. For a non-emergency, contact Teladoc at 1-800-Teladoc (835-2362) virtual care before seeking emergency treatment. Teladoc licensed physicians are available anytime, anywhere, and they will cost you less than a trip to urgent care or the emergency room. They have specialists in primary care, pediatrics, mental health, dermatology, nutrition, etc. Review some of the medical conditions they treat below to figure out if Teladoc will work for you:

- Sore throat
- Pink eye
- Sinus infection
- Fever that responds to fever-reducing medication
- Ankle sprain or other muscle or joint strain
- Cough or cold
- Abdominal pain or other symptoms of a common current illness
- Non-threatening mental health concerns such as depression or anxiety

Advantages of Using Teladoc

- ✓ Avoid Urgent Care and Emergency Room visits
- ✓ Eliminate transportation time and costs
- ✓ Avoid the exposure that comes with waiting rooms
- ✓ Lower your overall healthcare costs

